

PE Curriculum 24/25

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Year 1 PE/Fitness	Outdoor Games (Brilliant Ball skills) Fitness (Mighty Movers)	Brilliant Ball Skills Fitness (Skip to the Beat)	Groovy Gymnastics Fitness (Fitness Frenzy)	Dance – Story Time Dance Fitness (Gymfit Circuits)	Outdoor Games (Throwing and catching) Fitness (Cool Core)	Athletics Fitness (Bootcamp)
Year 2 PE/Fitness	Outdoor Games (Brilliant Ball skills) Fitness (Mighty Movers)	Brilliant Ball Skills Fitness (Skip to the Beat)	Groovy Gymnastics Fitness (Fitness Frenzy)	Dance – Story Time Dance Fitness (Gymfit Circuits)	Outdoor Games (Throwing and catching) Fitness (Cool Core)	Athletics Fitness (Bootcamp)
Year 3 PE/Fitness	Outdoor Games (Multi skills) Fitness (Mighty Movers)	Outdoor Games (Brilliant ball skills) Fitness (Skip to the Beat)	Groovy Gymnastics Fitness (Fitness Frenzy)	Dynamic Dance Fitness (Gymfit Circuits)	Outdoor Games (Throwing and Catching) Fitness (Cool Core)	Athletics Fitness (Bootcamp)
Year 4 PE/Fitness	Swimming Fitness (Boxercise)	Swimming Fitness (Step to the Beat)	Swimming Fitness (Fitness Frenzy)	Swimming Fitness (Gymfit Circuits)	Swimming Fitness (Cool Core)	Swimming Fitness (Bootcamp)

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Year 5 PE/Fitness	Netball Fitness (Boxercise)	Gym Sequences Fitness (Step to the Beat)	Dynamic Dance Fitness (Fitness frenzy)	Tennis Fitness (Gym fit Circuits)	Cricket Fitness (Cool Core)	Athletics Fitness (Boot Camp)
Year 6 PE/Fitness	Tap Rugby Fitness (Boxercise)	Gym Sequences Fitness (Step to the Beat)	Dynamic Dance Fitness (Fitness frenzy)	Tennis Fitness (Gym fit Circuits)	Rounders Fitness (Cool Core)	Athletics Fitness (Boot Camp)